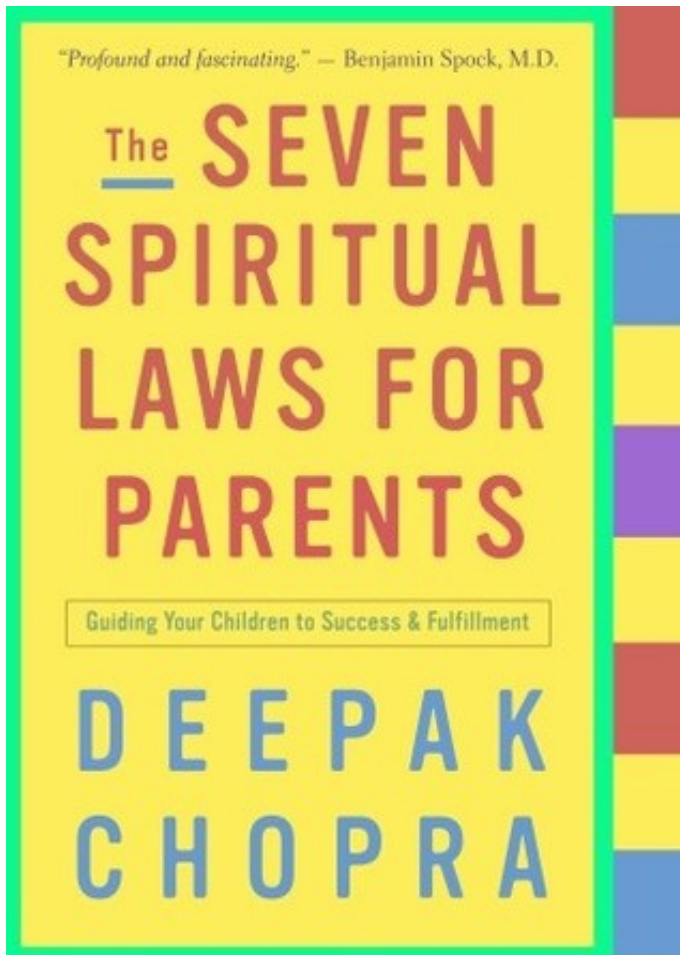

Deepak Chopra

The Seven Spiritual Laws for Parents: Guiding Your Children to Success and Fulfillment



Title: The Seven Spiritual Laws for Parents: Guiding Your Children to Success and Fulfillment

Author: Deepak Chopra

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Description

The Seven Spiritual Laws of Success was a phenomenon that touched millions of lives. Its author, Deepak Chopra, received thousands of letters from parents who expressed the desire to convey the principles they had learned to their children, along with questions about how to do so.

The Seven Spiritual Laws for Parents is Dr. Chopra's answer to those parents who wish to raise children with values that satisfy spiritual needs as well as create the experience of abundance. Exploring specific ways to practice the Seven Spiritual Laws as a family, Chopra explains how to convey these laws to children, and how to embody them in age-specific activities each day.

The Seven Spiritual Laws for Parents moves us beyond a focus on private triumphs and failures to experience the spiritual nature of communion with family, to share with those closest to us the infinite riches of innocence and love.

The deepest nurturing you can give your child is spiritual nurturing.

There are seven simple sayings that can have a profound impact on your child's life.

- Everything is possible.
- If you want to get something, give something.
- When you make a choice, you change the future.
- Don't say no—go with the flow.
- Every time you wish or want, you plant a seed.
- Enjoy the journey.
- You are here for a reason.

Raised with these insights, every child can obtain the success that comes from having the most valuable skills anyone can possess: the ability to love and have compassion, and the capacity to feel joy and spread it to others. In this essential work for every parent, Deepak Chopra reflects on his experiences as a father as well as his own spiritual journey and offers profound and practical ways for sharing these principles with your children.

Also available as a Random House AudioBook

Insightful reviews

Missfaith1luv: This book is so wonderful! As a parent of children ages 18, 10, and 8, I only wish I would have read this sooner!! I love the spirit of this book, and have been using it as a tool to strengthen my family ties and teach my children a beautiful philosophy on life.

Sarah: I read through this book when I was 16 and although the laws are written for parents, I was encouraged to use them for myself on a daily basis and track my progress in a journal. I remember getting a lot from the book, namely, a sense of spiritual connectedness that had long since been severed.

Monett: I didn't finish this--just skimmed it. But it is an easy read with many good thoughts about things we can say and do with our children to boost them up, and create peace in our home. It's divided into short sections. The first section is by age with "key words" to describe what each age group needs, the second section is by day of the week and gives simple things to focus on for that day.

Laura Ayala: one in every of my such a lot favourite books, ever, fingers down. i'm educating my three 12 months previous to reside by way of those non secular laws. her favorite day so far? Mondays, which she is aware to be the Day of Giving.... a very impressive read. I cant suggest hugely enough. Saturday, whilst my baby wakes, i'll remind her that she's right here for a cause (day of dharma).... i will inform her she's right here to treatment melanoma or to turn into an finished ballerina, no matter what her middle desires. Her smile will remove darkness from the room & she'll recognize these items are possible. So on sunday, the day of natural Potentiality, i'll strengthen to her 'ALL issues are possible, irrespective of what.' In Louise Hays' book, 'you can heal your life' she claims that reviews have confirmed that no matter what you inform your baby approximately GOD on the age of 3, finally shapes their complete trust process & turns into their religion foundation. My target is for my little one, to benefit now, @ this hugely moldable/impressionable age of 3, the non secular legislation Deepak places forth during this amazing, step-by-step consultant of a book. the root of ideals she's development now probably is definitely now not restricted to simply strategies approximately GOD. Therefore, figuring out that her view of the area round her is being dramatically (and very likely irrevocably?) formed through what's provided to her @ this age of 3. With Deepak' guidance, i do know i'm sharing time with my equal, my teacher, my fellow spirit : my child. And consciously elevating one of many subsequent nice thinkers of the long run generation.

Taralyn: This e-book used to be fantastic! Like many parenting books, there are a few tools that he means that I will not use simply because they do not mesh with my very own trust system, yet at the whole, i think like I received such a lot of worthy instruments to aid with my very own parenting! His philosophy and method of writing is fabulous, and that i love how he really separates the legislation into day-by-day activities to use daily of the week with particular principles for family members activities. i'd almost certainly suggest it!

Denise: This e-book gave me a few ideas/topics/questions to interact and supply significant discussions with my children. What did you do this day to make a difference? worrying actions?

assisting them comprehend selection and consequence...

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