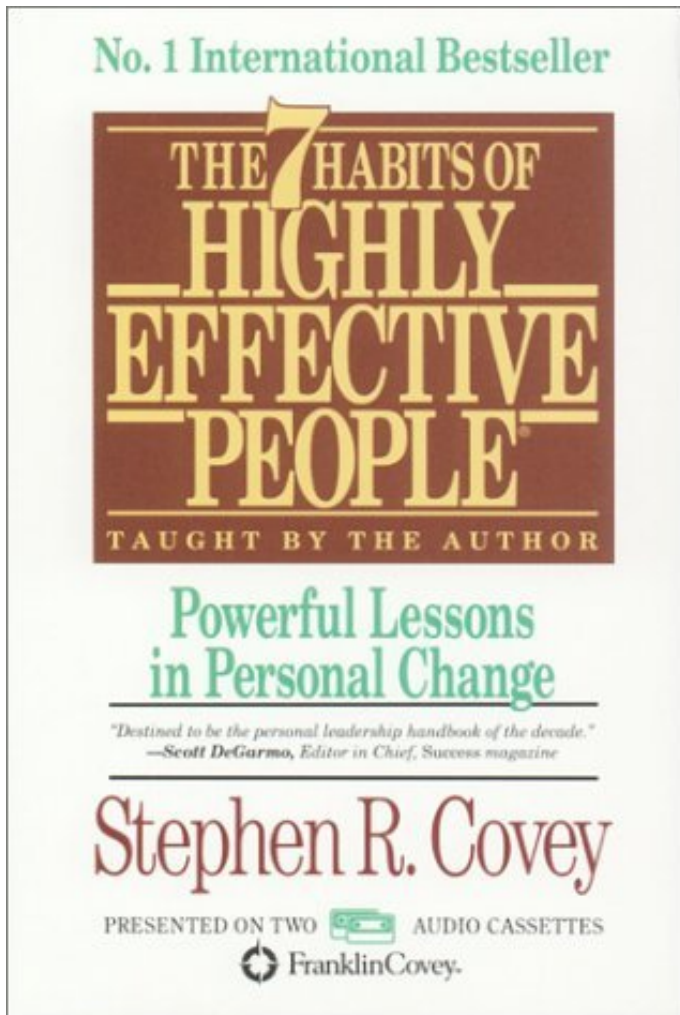

Stephen R. Covey

The 7 Habits of Highly Effective People



Title: The 7 Habits of Highly Effective People

Author: Stephen R. Covey

Format: Audio

Language: English

Pages: 0

Publisher: Covey, 1001894400

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Download: allowed

Description

"The 7 Habits Of Highly Effective People" is a comprehensive program based on developing an awareness of how perceptions and assumptions hinder success-- in business as well as personal relationships. Here's an approach that will help broaden your way of thinking and lead to greater opportunities and effective problem solving. Be Pro-Active: Take the initiative and the responsibility to make things happen. Begin With an End in Mind: Start with a clear destination to understand where you are now, where you're going and what you value most. Put First Things First: Manage yourself. Organize and execute around priorities. Think Win/Win: See life as a cooperative, not a comprehensive arena where success is not achieved at the expense or exclusion of the success of others. Seek First to Understand: Understand then be understood to build the skills of empathetic listening that inspires openness and trust. Synergize: Apply the principles of cooperative creativity and value differences. Renewal: Preserving and enhancing your greatest asset, yourself, by renewing the physical, spiritual, mental and social/emotional dimensions of your nature. Stephen R. Covey is the most respected motivator in the business world today. Learn to use his "7 Habits Of Highly Effective People"-- and see how they can change your life.

Insightful reviews

Kay: easy to read :) but hard to do :D hahahah

Stephen: **DISCLAIMER**

I would like to make clear that David Hasselhoff's appearance in this review should in no way be deemed to imply that I endorse or support his career in any way whatsoever. Thank you for your understanding.

FIVE "PRACTICAL"HABITS OF HIGHLY EFFECTIVE PEOPLE

First, a few comments on the seven so-called "habits" identified in the book, namely:

1. *Be proactive,*
2. *Begin with the End in Mind,*
3. *Put First Things First,*
4. *Think Win-Win,*
5. *Seek First to Understand, then to be understood,*
6. *Synergize, and*
7. *Sharpen the Saw*

In a word.....**crap!**

In several words, what a **giant, steaming pile of new-age, masturbatory, corp-lingo, platitude spewing bullshit**

Think Win-Win...are you kidding me with this Jim Jones Kool-aid party chant?

Synergize....just hearing that word makes me throw up in my mouth.

Sharpen the saw....exactly...reading that phrase makes me literally want to sharpen the saw and slice a hate filled path through the contents of this book.

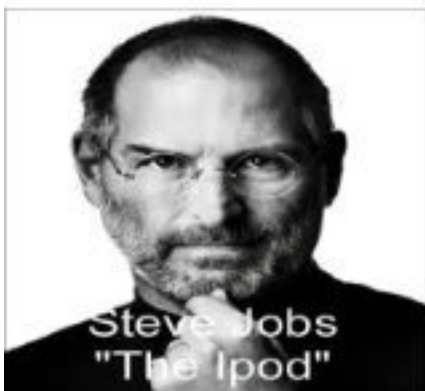
This book is like a giant fortune cookie full of sounds good but says nothing. My advice: rather than read this book, go get a six pack or a bottle of wine, grab some *China Mieville* or *Dan Simmons* and find a nice comfy tree to sit under while you read something that might actually expand your mind.

Now I certainly don't have any foolproof answers or magic exercises that will help you bring out the "inner-winner" inside you. However, I did come up five practical (and hopefully a little humorous) habits that have proven to be pretty effective at making people successful in their chosen field (tongue planted firmly in cheek).

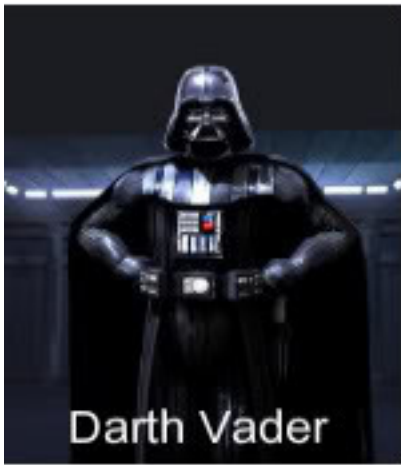
1. EMBRACE TECHNOLOGY AND MEDICAL SCIENCE TO BECOME THE BEST YOU CAN BE



2. BE BOLD, BE DARING AND DELIVER TO THE MARKETPLACE THE NEXT BIG THING



3. DON'T BE AFRAID TO USE THE FORCE TO ACCOMPLISH YOUR GOAL



4. GET IN GOOD WITH THE GERMANS



5. BE RUTHLESS PROACTIVE IN DEALING WITH THE COMPETITION



THE END.....



Jenny (Reading Envy): This book changed how I worked and how I set goals. It isn't the feel-good self-help book it appears.

Read again before going back to work in January 2014. I think it's fitting that the first time I read this, I was in grad school and planning for the future, and that I would read it again as I leave behind the career I was planning for back then. Well, somewhat. I'm letting music librarianship go and focusing on being an assistant director in the library, and also to figuring out what the next move will be in a few years.

A couple of things I'm mulling over after the second read:

- Moving beyond to-do lists, which can be a false sense of achievement
- Not letting work be the only place where goals are set
- Valuing difference
- Becoming a person who helps others achieve their goals
- Quadrant II (again)

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