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# Eric Walters

## Juice



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## Description

When a Division One coach comes to their smaller school to bring the football program up to contender status, Moose and the rest of the players on the team are pumped. Coach Barnes has new ideas and a vision for the future nothing is too good for his players. With a new training regimen, everything seems to be on a winning track. But when Moose and others are offered steroids, tempers start to fray and the teammates have to decide whose side they are on. Juice is a compelling story about the pressures and temptations that are faced by many in the competitive world of high-school athletics.

## Insightful reviews

Cesar: I thought the book Juice was a good book because it had some mystery to the book when the football players started getting better. I liked that the book had a twist to it.

Alec Walstrom: Alec Walstrom

Mr.Noecker

Hour 5

Book: Juice by Eric Walters

Juice is about a High School football team who wins a division 2 state championship. After winning the Championship they learn that their current coach is retiring and they will be taken over by a new coach who will do anything to win whether it's legal or not. Without bringing this book you will not know some of the history with Athletes and how its gotten so competitive over the years that athletes are willing to take substances that might increase performance, but are dangerous to their health. It could provide knowledge about the culture and how football and other sports are a huge attraction in America today. It also talks about the history with athletes using illegal substances and some of the effects that have happened to them. These substances don't just have physical effects on athletes but can also get them in a bunch of trouble. For instance in my book Jessie MCarthy a professional football player gets banned from the Nfl for being identified to using Steroids. My book has no scientific value that I can account for. I would not recommend bringing this book along its only value would be the history with steroids in sports which won't be very beneficial when entering a new planet.

Allison Bush: An easy read for reluctant readers, athletes, and football fans. It takes quite a while to get to the steroid issue, which then gets resolved quite quickly. I liked how the author showed the relationship between a loyal, dedicated athlete and his coach, and how it can have either a positive or negative impact on the player ... All depending on the adult.

Miranda: This tale is ready a soccer staff and their trainer is retiring. they're all stuned and upset. But, they're chuffed as the different trainer is enormous on money. They get a new work-out room and expencive issues to compliment it. Like new weights, TVs, new equipment, or even a well-known trainer. Then it will get to summer time holiday they usually need to bulk as much as win each game. Their caption, 'Mose' goes to need to do whatever relatively dicy to get stronger. Steroids! he's relatively nurvase simply because he desires to be solid and buff yet he

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doesn't are looking to reside with the risks. i love this e-book since it is fascinating and that i am looking to hold examining and reading, and believe me, i hate reading.

Trever Ballard: the radical Juiced via Eric Walters is a major tale a couple of younger and proficient soccer player, Michael. Michael grew up in a small town, and attends a small department 2 excessive school. within the past year, Michael and his workforce had gained the department 2 championships with plenty of graduating seniors, and a trainer that he may later discover had retired from his place as coach, and teacher. This stung all of the avid gamers who will be returning the subsequent year, like Caleb "Squirrel" and Michael "Moose." They have been of trainer Reeve's most sensible avid gamers on that championship team, as juniors. Michael used to be the MVP of the staff prime all gamers in sacks at the season, and offered with the sport ball upon getting the sport profitable sack, and fumble restoration to steer his group to the championship. Michael is a giant momma's boy, and did every little thing he did in order that he can make her happy. He didn't comprehend his father all that well, simply because his father had left his mom and him at age 9. as soon as his father left, he in his footsteps, and have become an immense time soccer player. as soon as the offseason begun for Michael and his team, the recent coach, trainer Barnes refurbished the entire previous stuff the soccer software had. This excited the entire players, and trainer Barnes employed a power coach, Tony to assist the men succeed in their complete actual capabilities. Tony labored with the men a lot, yet labored with Michael the main giving him stable nutrition advice, and meals supplementations that will aid him get as monstrous as possible. Michael and the workforce have been all lifting hard, and dealing to the easiest in their skills in order that their new coaches dream of competing in a department 1 institution league, and profitable it. trainer Barnes had coached at principal his entire career, a D1 school, and had received four titles there. So his arrival on the college was once an enormous one. whilst all was once considered going good for Michael, trainer Barnes pulls him into his place of work to speak to him in regards to the upcoming season, and tells him that he doesn't think that the staff has an opportunity until Michael is prepared to speak the next move in energy building. Michael doesn't trust what his trainer had said, till his trainer acknowledged it was once the one technique to support his crew out, and Michael was once prepared to do no matter what he may perhaps for his team. Tony talks to Michael and will get him began on steroids, and from there issues simply worsen for Michael. He will get suspended from paintings for yelling at a customer, which makes his mom disenchanted in him, then worst of all lies to his ally Caleb approximately his use of steroids, that can have resulted in their friendships end. whilst Michael crashes on his couch, and will get a decision a few assembly along with his team, he freaks out simply because he has such little time to make it to the school. as soon as there his previous coach, trainer Reeves comes throughout the door to inform the lads that trainer Barnes and Tony have been arrested for the marketing and use of steroids to college, professional or even highschool point players. trainer Reeves needed to inform the workforce that they'd be interviewed by means of the police, and in the event that they instructed the reality approximately their use of steroids, then no fees will be utilized to the younger men. This motives Michael to face up and admit to his use, which motives different on his group to do the same. This second of honesty indicates that Michael is a smart kid, and is usually attempting to do what's most sensible for his team. This explanation motives trainer Reeves to wish Michael as his captain much more for the subsequent year. All coaches want for gifted avid gamers who're additionally morally straight, and desirous to do every little thing they do for the team. i actually loved this book, since it observed pupil athletes, and what

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strong ones glance like. It additionally leads you to invite the questions, why achieve this many of us imagine that dishonest the approach is the one solution to in achieving their goals? and, "Is being sincere and fair higher than being higher at no matter what it truly is you do? Being sincere and fair is often greater than being higher than the following individual and what you do, since it we could humans understand that you're trustworthy, and that's a trait that individuals are fonder of than being stable at something since you lied or cheated to get there. Like within the tale while Michael admits to his trainer what he had performed his trainer simply says, "Now greater than ever. You made a mistake and also you most likely did it since you desired to aid the team, to steer them to victory" (Walters 100). This happens after Michael tells his trainer what he had done, and rather than being mad, his trainer says that he wishes him to be the captain of the group greater than ever. one other supportive quote from the unconventional is, "I imagine they gave it to you simply because you're a good, hardworking, well mannered employee" (Walters 56). This happens whereas Michaels is at his job, and is necessary since it tells us immediately up that each one the characteristics that makes humans such as you and have fun with you're all established off of being honest. My favourite passage from the booklet used to be on the finish of the e-book whilst Michael is speaking to trainer Reeves approximately what he had done, and the way ashamed he quite used to be of what he had done. He used to be scared that his coach, whom he so admired, was once going to be indignant with him and trainer Reeves, says how proud he was once of him for being honest. trainer Reeves then says, "I don't know the way we'll do that season, no matter if we'll win all of it or lose each game. What i know is that it doesn't matter what the rating is, we'll stroll off the sphere with our heads held high. We'll stroll away figuring out that we performed the sport reasonable and sq. and to the simplest of our ability. have you learnt what that makes us?" I shook my head. "Winners" (Walters 101). This quote is inspirational, and is the definition of what each activity crew may still play, yet only a few do. And in the event you locate those that do, they're going to continuously be the true winners.

Fullerton: i feel that this publication is a good activities book. i have never learn a activities ebook in a long time and that i imagine that may be a publication for a any activities player. i believe that this ebook might have been longer since it is an effective tale line. This tale is ready a soccer superstar at his highschool named Micheal (a.k.a. the Moose), that has received the department 2 championship for his group final year. This yr they've got a brand new trainer of the group and never simply that yet new gear for weights and diet. Little do the excessive schoolers be aware of butthey were taking steroids for turning into enhanced and fast. i feel that this e-book is an excellent soccer and recreation tale and that i could recommend it to and activities player. i feel that's ebook is to brief and will have a greater plot. total I provide this ebook 4 out of 5 stars.

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