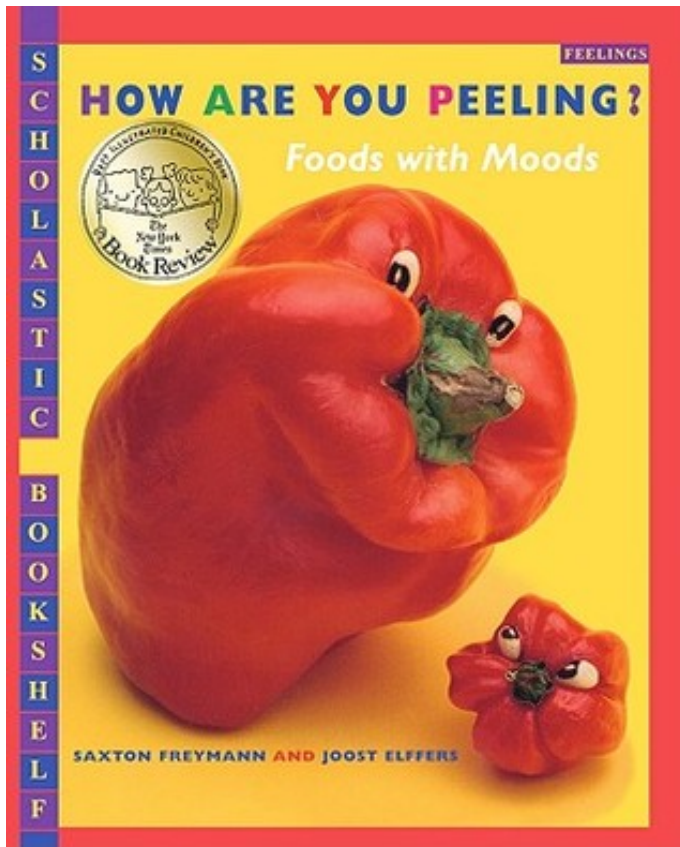


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**Saxton Freymann**

**How Are You Peeling? Foods With Moods**



Title: How Are You Peeling? Foods With Moods

Author: Saxton Freymann

Format: Library Binding

Language: English

Pages: 48

Publisher: , 0

ISBN: 1417643188

Format: PDF / Kindle / ePub

Size: 8.5 MB

Download: allowed

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## Description

The popular picture book featuring food sculptures that embody emotions, with simple text to encourage conversation between parents and children about feelings, is now available in this Spanish language translation. Full-color photos.

## Insightful reviews

Luis Reynoso: How Are You Peeling? Is a children's book with illustrations of fruits and vegetables showing with faces showing their emotions. Each page asks the reader if they are in a specific emotion with a fruit or vegetable personified into having that emotion on their face. Every couple pages the author asks the reading how we, the readers, are feeling.

The first thing that stood out to me was that the fruits and vegetables were not drawn. They were all real photographs of fruits and vegetables altered into having faces with particular emotions. They were all set up into scenes to convey the text of the author. I think the author did a good job in doing this, as it was really cool to see the faces on the many fruits and vegetables.

Another thing that stood out to me was what the author seemed to be doing with this children's book. It seemed to me that the author was attempting, and possibly succeeding, at showing young children what particular emotions look like with faces on fruits and vegetables. I think that this book serves good purpose to show children the values of knowing how they feel and how others may feel by facial structure and body language.

Dan: This is one of the most moving and inspirational books I have ever had the privilege to read. "How Are You Peeling" made me take an objective look at my emotional state and helped me to realize that having different feelings all the time is okay - that's what life is all about! This book quenched my thirst for literature while giving me an unusual craving for turnips.

Cortney Perkins: I loved reading this book, it is an easy read with great pictures. It would be a good read for all elementary students especially younger children because it uses different emotions and puts a picture with it. It is a great way to get children to understand others feelings. I would definitely read this book again to students.

Erin M.: in response to notion alone, i need to supply this booklet five stars.I ordered it for my oldest daughter many years ago from Scholastic, because, I needed to admit, i wished to learn it. while her academics observed it, they desired to learn it, too. Now i'm passing a torn, taped and battered replica all the way down to my youngest, hoping she is going to take pleasure in it simply as much. There is whatever easily enticing in regards to the bold, fundamental colours, the thick, modern pages, and of course, the odd-shaped greens and end result given extra expression than one might ever imagine possible. Even infants could be entertained through this brief quantity for the energetic shades and comedian depictions of universal facial expressions. According to the ultimate page, the authors combed big apple urban markets for expressive produce. Armed with in simple terms an exacto-knife for carving and utilizing easy fabrics comparable to black eyed peas (for the eyes) and natural dyes (for the

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mouths), they created the memorable characters that populate the pages of this book. Sure, the writing is not the best, yet that is a part of its charm. I must respect young children for his or her frank, no-nonsense evaluation of the area round them. The very younger will not be going to determine any advantage in literary brilliance, yet as an alternative will relish books which are silly, gaudy, or novel; 3 traits definitely present in *How Are You Peeling?*

Stephanie: What might be simply foolish -- vegetables and fruits with faces -- turns thought-provoking as readers need to reflect on what precisely it really is approximately an expression that conjures up emotion. The rhyming textual content is secondary to the pleasant photos of carved produce, from a squash towering over tiny radishes to a strawberry kissing a puckered-up apple. An inside notice explains how the artists used an Exacto knife and ordinary fabrics equivalent to black-eyed peas to create the grinning and scowling veggies. Not like many books for younger children, this may interact adults approximately up to tots. A surefire preschool storytime hit, it additionally lends itself to lap readings for quiet contemplation of the way one is peeling. Fanatics probably want to try out the authors' different titles, akin to *Meals for Concept* and *Puppy Food*. a while 2-7.

Karen: My first thought, wow, this rather does take informational books to another level. Originally, I had idea that the style may concentration extra on relaying actual information. It opened by way of eyes to the class of thought books, to examine hassle-free actual topics. This will surely be extra of an effortless book. I feel it'd be an attractive publication to take advantage of as a learn aloud to a primary or moment grade room. It could possibly offer solid conversations approximately feelings and the way we care for them. Academics and scholars may research the faces at the nutrients to determine how feelings are represented and what they painting to outsiders. I may see utilizing this booklet to begin a mini lesson on writing, because it may possibly aid generate rules of feelings, emotions, and working with them.

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